

EPGXC Women's Timesheet 2016

Lifetime PR

Season PR

EPG Course Record

EPG School Record

Meet	Maddie 20.53	Sarah	Sophi	Cate	Megan 22.52	Carmen	Lauren 28.14	Gabby	Julia	Allison	Hannah	Tia	Olivia	Mya	Molly	Team
NCHS 3.0 9/3/16	6.49 8.27 8.23 23.39	7.20 8.04 8.25 23.49	6.39 7.39 7.42 21.59	6.34 6.58 7.11 20.43	7.55 9.06 9.52 26.53	8.02 8.46 8.32 25.20	9.05 11.24 10.56 31.25	8.57 9.40 9.27 28.04	6.34 7.04 7.27 21.05	6.49 7.41 7.48 22.18	6.57 6.55 7.52 22.44	7.38 8.19 9.05 25.01	8.03 8.51 9.00 25.54	8.02 8.46 8.33 25.21	7.25 8.24 8.51 24.38	21:45.8 2:01 4/8 102pts
FTTF 3.0 9/10/16	7.14 8.20 8.33 24.07	7.29 7.47 7.44 23.00	7.05 7.27 7.36 22.08	7.04 7.02 6.47 20.53	8.14 8.58 9.09 26.21	8.29 8.50 8.32 25.51	10.06 11.19 10.05 31.30	9.17 9.29 9.17 28.03	7.05 7.01 7.02 21.08	7.05 7.40 7.36 22.21	7.05 7.53 8.10 23.08	8.07 8.23 8.02 24.32	8.29 8.54 9.18 26.41	8.29 8.50 8.36 25.55	7.53 8.36 8.10 24.39	21:54.0 2:07 9/38
PC 3.0 9/13/16	7.24 8.43 9.04 25.11	7.24 8.24 8.21 24.09	6.49 8.03 8.11 23.03	6.42 7.06 7.20 21.08	8.37 9.48 9.26 27.51	8.38 9.47 9.28 27.53	9.54 10.27 10.37 30.58	9.53 10.19 10.14 29.26	6.42 7.40 7.40 22.02	6.52 8.01 8.17 23.10	7.24 8.43 8.55 25.02	7.36 DNF 9.27 27.52	8.38 9.47 9.28 27.53	8.38 9.47 9.28 27.53	7.34 8.52 8.53 25.19	23:06.0 3:01 1/3 29pts
PVile 3.0 9/15/16	DNR	8.05 8.06 7.44 23.55	7.33 7.51 7.23 22.47	7.24 7.18 7.05 21.47	8.47 9.36 9.14 27.37	8.47 9.36 9.13 27.36	10.02 9.52 10.07 30.01	10.02 9.21 10.10 29.33	7.25 7.17 7.11 21.53	7.33 7.51 7.26 22.50	DNR	8.15 9.34 8.31 26.20	8.47 9.36 9.14 27.37	8.47 9.36 9.12 27.35	8.16 9.33 8.39 26.28	22:38.4 2:08 1/3 31pts
BV 3.0 9/17/16	7.28 8.26 9.06 25.02	7.18 8.15 7.59 23.32	7.01 7.28 7.14 21.43	6.55 6.55 6.54 20.44	8.24 9.06 DNF	8.28 8.48 8.35 25.51	9.45 11.00 10.33 31.18	9.34 9.48 9.22 28.44	6.55 7.17 7.28 21.40	7.08 7.52 7.58 22.58	7.30 8.16 8.06 23.51	7.43 8.16 7.56 23.55	8.34 9.16 8.50 26.40	8.28 8.53 8.52 26.13	7.42 8.27 9.24 25.33	22:07.4 2:48 4/25 161pts
HEY 2.93 9/20/16	DNR	DNR	DNR	DNR	DNR	8.10 8.17 8.21 24.48	9.32 10.28 10.06 30.06	8.44 9.21 9.23 27.28	DNR	DNR	DNR	DNR	8.10 8.17 8.30 24.57	8.10 8.17 8.22 24.49	7.27 8.23 9.43 25.33	25:31 2:40 2 of 2 45pts
SJO 3.0 9/24/16	7.11 7.49 7.39 22.39	7.10 7.25 7.27 22.02	6.55 7.20 7.24 21.39	6.39 6.13 6.27 19.19	DNR	DNR	DNR	DNR	6.42 6.37 6.34 19.53	6.47 6.59 7.02 20.48	DNR	7.45 7.57 7.17 22.59	DNR	DNR	DNR	20:44.2 2:43 10/21 261pts
EPGXC 3.0 9/27/16	7.27 8.31 8.28 24.26	7.27 8.12 8.05 23.44	6.50 7.32 7.50 22.12	6.37 6.45 7.16 20.38	DNR	8.00 8.54 9.21 26.15	DNR	DNR	DNF	6.51 7.37 7.39 22.17	DNR	7.30 8.23 8.36 24.29	8.30 9.22 9.42 27.36	8.30 9.15 9.37 27.22	7.17 8.05 8.22 23.44	22:31.0 3:07 3 of 13 110pts
Elmwood 3.0 10/1/16	6.52 8.02 7.53 22.47	6.58 7.41 7.25 22.04	6.36 7.31 7.08 21.15	6.25 6.28 6.13 19.06	DNR	7.45 8.21 7.59 24.05	8.37 10.24 9.30 28.31	7.47 9.18 8.39 25.44	6.19 6.49 6.45 19.53	6.33 7.23 7.01 20.57	6.51 8.01 7.42 22.36	7.00 7.46 7.20 22.06	7.46 8.29 8.13 24.28	7.45 8.21 8.09 24.15	7.00 7.50 7.42 22.32	20:39.0 2:58 2 of 20 118pts
TriValley 2.9 10/6/16	22.46 23.33	21.41 22.25	23.12 24.00	20.07 20.48	DNR	24.56 25.47	29.18 30.18	24.55 25.46	20.16 20.57	20.42 21.24	22.36 23.22	23.10 23.58	25.59 26.52	24.59 25.50	23.11 23.59	21:04.0 1:34 1 of 4 25pts
Amboy 2.9 10/12/16	7.23 7.48 15.11 (2.0)	7.24 7.16 7.25 22.05	6.58 6.37 6.38 20.13	DNR	DNR	8.20 8.02 16.23 (2.0)	9.52 10.03 19.55 (2.0)	DNR	6.26 6.31 6.39 19.36	6.49 6.42 6.49 20.20	DNR	7.27 7.18 6.59 21.44	8.52 8.53 17.45 (2.0)	8.20 8.22 16.22 (2.0)	7.25 7.23 7.21 22.09	20:47.0 2:29 7 of 27 232 pts
Patriot or Eureka 3.0 or 2.9* 10/15/16	6.43 7.41 6.40 22.04	22.13	20.35	DNR	DNR	23.33	28.39	DNR	19.39	6.16 6.59 7.06 20.21	21.42	6.42 7.36 7.21 21.39	23.36	23.36	22.35	20:47.0 2:03 3 of 7 87 pts
Regional Farmington 2.95 10/22/16	DNR	6.56 7.27 6.56 21.19	6.35 13.35 20.08 20.08	6.16 6.27 6.03 18.46	DNR	DNR	DNR	DNR	6.15 7.15 5.58 19.28	6.31 6.59 6.26 19.56	6.57 7.26 6.57 21.20	6.55 7.26 6.42 21.03	DNR	DNR	DNR	19:52.3 2:17 3 of 10 82 pts
Sectional Elmwood 3.0 10/29/16	DNR	7.08 7.49 7.39 22.36	6.34 7.09 7.00 20.43	6.15 6.34 6.32 19.21	DNR	DNR	DNR	DNR	6.16 6.47 6.40 19.43	6.34 7.15 7.02 20.51	7.08 7.55 7.48 22.51	7.08 7.48 7.33 22.29	DNR	DNR	DNR	20:37.0 3:08 5 of 21 180 pts
State Detweiller 3.0 11/5/16	6.51 7.47 8.05 22.43	6.48 7.17 7.21 21.26	6.22 6.53 6.55 20.10	6.15 6.22 6.04 18.41	DNR	DNR	DNR	DNR	6.15 6.23 6.31 19.09	6.22 6.56 6.53 20.11	DNR	6.48 7.16 7.04 21.08	DNR	DNR	DNR	19:51.3 2:28 15 of 25 376 pts

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Meet	Adam	Andy 15.30	Jeb	Noah	Will	Bo	Jordan	Zac	Brett	Randy	Aidan K.	Aidan M.	Mitchell	Matt	Team 16.03	
NCHS 3.0 9/3/16	DNR	5.23 5.21 5.40 16.35	6.27 7.18 7.30 21.15	5.30 6.05 6.05 17.40	5.54 6.35 6.25 18.54	5.32 6.05 5.59 17.36	6.14 7.10 7.15 20.39	6.20 6.49 6.45 19.54	6.17 6.58 7.10 20.25	6.22 7.17 7.33 21.12	6.22 7.02 7.16 20.40	7.20 7.26 7.35 22.21	7.25 8.44 8.23 24.32	5.58 6.26 6.31 18.55	17:56.4 2:20 5/8 108pts	
FTTF 3.0 9/10/16	DNR	5.28 5.52 5.58 17.18	6.54 7.07 6.58 20.59	5.48 6.15 6.25 18.28	6.00 6.21 6.39 19.20	5.48 6.10 6.10 18.08	6.43 7.02 6.47 20.32	6.44 7.03 6.58 20.45	6.44 6.56 6.52 20.32	6.56 7.58 8.04 22.58	6.45 7.11 6.37 20.33	7.21 7.38 7.25 22.24	7.42 8.46 8.33 25.01	6.00 6.30 6.35 19.05	18:28.0 1:58 11/48	
PC 3.0 9/13/16		5.24 6.18 6.23 18.05	DNR	6.29 7.39 8.12 22.20	5.45 6.34 6.34 18.53	6.15 7.04 7.08 20.27	5.45 6.35 6.31 18.51	6.15 7.14 7.18 20.53	6.17 7.20 7.36 21.14	6.18 7.31 7.56 21.45	6.18 6.52 7.34 21.30	7.04 8.13 8.15 23.32	7.04 9.04 9.03 25.53	7.46 7.06 7.08 20.27	6.13 7.06 7.08 20.27	19:35.0 2:22 1/3 26pts
PVile 3.0 9/15/16	DNR	5.45 6.01 6.03 17.49	7.23 7.20 7.08 21.51	6.08 6.38 6.06 18.52	6.50 7.18 7.14 21.22	6.08 6.38 6.06 18.52	7.24 7.20 7.35 22.19	7.25 7.16 6.59 21.40	7.24 7.18 7.04 21.46	7.26 7.47 8.11 23.24	7.25 7.30 7.25 22.20	8.05 8.06 7.40 23.51	8.15 9.34 7.05 24.54	6.18 6.30 6.30 19.18	19:14.0 3:33 1 st of 2 15pts	
BV 3.02 or 2.5* 9/17/16	5.29 5.53 5.38 17.01	5.33 6.05 6.09 17.47	6.45 7.30 7.41 21.56	6.12 6.43 3.06 14.55* (17:54)	6.43 3.14 16.03* (19:15)	DNR	6.24 6.59 3.22 16.45* (20:07)	6.24 6.58 3.24 16.46* (20:07)	6.39 6.54 3.23 16.56* (20:19)	6.39 7.15 3.46 17.40* (21:12)	6.48 7.01 3.35 17.24* (20:52)	7.15 7.54 3.48 18.57* (22:44)	7.26 8.13 3.42 19.21* (23:13)	5.59 6.18 2.59 15.16* (18:19)	No Varsity Team	
HEY 2.93 9/20/16	DNR	DNR	6.30 6.41 7.11 20.22	DNR	DNR	DNR	6.03 6.16 6.11 18.40	DNR	6.30 6.30 6.51 19.51	6.30 6.48 7.40 20.58	6.09 6.39 7.40 19.35	7.19 7.40 7.54 22.53	7.19 7.52 8.34 23.45	DNR	19:53.0 1:18 2 of 2 31pts	
SJO 3.0 9/24/16	5.06 5.26 5.12 15.48	DNR	DNR	5.21 5.47 5.48 16.55	5.56 6.11 6.13 18.20	5.22 5.46 5.42 16.50	5.57 6.12 6.09 18.18	6.00 6.06 6.07 18.13	DNR	DNR	DNR	DNR	DNR	5.36 5.37 5.40 17.03	16:57.8 2:25 7/26 212pts	
EPGXC 3.0 9/27/16	5.19 6.01 6.17 17.37	DNR	6.41 7.11 7.30 21.22	5.41 6.04 6.27 18.12	6.24 6.52 6.51 20.25	5.49 6.34 6.40 19.03	6.24 6.44 6.53 20.03	6.24 6.52 7.08 20.24	6.33 6.43 6.47 20.03	6.30 7.12 7.35 21.17	7.00 7.20 7.26 21.46	7.28 8.01 8.03 23.32	7.30 8.19 8.43 24.32	6.11 6.52 7.00 20.03	18:59.1 2:27 6 of 16 147pts	
Elmwood 3.0 10/1/16	DNR	5.22 5.37 5.28 16.27	6.19 6.53 7.13 20.25	5.23 6.00 5.46 17.09	5.37 6.16 5.43 17.36	5.23 6.01 5.42 17.06	6.01 6.39 6.24 19.04	6.02 6.39 6.24 19.05	6.23 6.33 6.22 19.18	DNR	6.22 7.00 6.45 20.07	6.56 7.45 7.09 21.50	6.59 7.35 7.20 21.54	5.35 6.18 5.55 17.48	17:13.0 1:21 no team FS 1st	
TriValley 2.91 10/6/16	DNR	16.14 16.47	19.16 19.56	16.20 16.54	18.45 19.23	16.33 17.07	18.06 18.43	18.07 18.44	18.43 19.21	19.55 20.36	18.43 19.21	21.55 22.40	24.11 25.01	17.53 18.30	17:01.0 1:52 1 of 5 29pts	
Amboy 2.9 2.4* 10/10/16	5.23 5.13 5.28 16.04	5.32 5.03 5.10 15.45	6.34 6.29 6.43 19.46	5.28 5.13 2.27 13.08*	5.49 5.41 2.29 13.59*	5.27 5.13 2.25 13.05*	5.55 6.01 2.41 14.37*	6.02 6.12 2.46 15.00*	6.37 6.08 3.03 15.48*	6.40 7.01 13.41 (2.0)	6.51 6.38 13.29 (2.0)	7.21 6.54 14.14 (2.0)	7.41 7.59 15.40 (2.0)	5.44 5.43 2.31 13.58*	13:45.8* 1:32 no team FS 1st	
Patriot or Eureka* 3.0 or 2.9* 10/15/16	5.16 5.43 5.34 16.33	DNR	6.19 6.56 7.01 20.16	5.17 5.36 5.51 16.44	5.43 6.03 5.53 17.39	5.18 5.45 5.45 16.48	5.59 6.50 6.55 19.44	5.53 6.11 6.01 18.05	5.58 6.32 6.36 19.06	19.13 19.13	6.15 6.36 6.23 19.14	21.41 21.41	22.59 22.59	5.44 6.10 6.19 18.13	17:11.7 1:39 9/45 314	
Regional Farmingtn 2.95 10/22/16	5.20 5.29 5.00 15.49	5.20 5.29 5.03 15.52	DNR	5.22 5.39 5.34 16.35	5.30 5.52 5.30 16.52	5.22 5.38 5.09 16.09	DNR	5.41 6.08 5.41 17.30	DNR	DNR	DNR	DNR	DNR	5.26 5.35 5.22 16.23	16:09.8 0:49 3/13 77pts	
Sectional Elmwood 3.0 10/29/16	5.18 5.36 5.24 16.19	5.18 5.32 5.22 16.12	DNR	5.23 5.56 5.46 17.05	5.37 6.07 5.47 17.31	5.23 5.59 5.41 17.03	DNR	5.56 6.20 6.07 18.23	DNR	DNR	DNR	DNR	DNR	5.33 6.21 6.05 18.01	16:50.0 1:19 5/21 137pts	
State Detweiler 3.0 11/5/16	5.07 5.23 5.11 15.41	5.09 5.20 5.20 15.49	DNR	5.17 5.37 5.42 16.36	5.30 5.52 5.38 17.00	5.16 5.36 5.22 16.14	DNR	5.44 6.09 5.59 17.52	DNR	DNR	DNR	DNR	DNR	5.14 5.39 5.49 16.42	16:12.1 1:01 9 of 25 260 pts	